

Junior Lifeguard Prep Course

Designed to improve speed and stroke technique in preparation for the Junior Lifeguard assessment tests.

Thursdays 2:15 p.m. – 3:00 p.m.

Drop-in class offered every Thursday.

Time: 2:15-3 pmFee: \$9 per class.

Classes subject to cancellation due to special events.

For additional information:

Call the Monroe Street Pool at 760-602-4685

Don't miss these great lessons- sign up today!







MONROE STREET POOL

THE FACILITY

The pool facility includes a 25-yard by 25-meter pool, two 1-meter diving boards, a 3-meter diving board, a shallow play area and access ramp, bleachers and plenty of deck space. The Aquatic Building includes tiled shower areas, changing and locker facilities and rest rooms. The entire facility is designed for easy access to all. Lockers are available if you bring your own lock and remove it daily and bag check service is available at no cost. **Parking is limited to current users of the pool; please check in at the front desk.**

Periodic Emergency Action Plan drills will take place at any time of day and will last for no more than 15 minutes. These drills are designed to enhance and test lifeguards skills, thus increasing the safety of all our guests. When you hear a prolonged blast of an air-horn or whistle, please exit the pool as directed by staff. Your cooperation is necessary and appreciated.

RECREATION SWIM

The recreation swim area and times vary throughout the year. During the fall, winter and spring months the shallow end play area is open. During the weekends the diving boards may be upon if there is sufficient demand. During the summer months the shallow and deep end play areas and the diving boards are open.

Children are only allowed in the lap lanes if they are swimming laps. No private instruction is allowed. Use of the lap lanes by children cannot disrupt "normal" activity.

ADULT LAP SWIM

Adult lap swim is open to those ages 16 & older who wish to swim for fitness. Please swim in the appropriate speed lane and circle swim if there are more than two swimmers in the lane. Ask for assistance from the lifeguard if you need help getting in an appropriate lane. A pace clock, kickboards and pull-buoys are available on deck.

PER ADMISSION FEES		DISCOUNT PASSES		
Youth/Teen 17 & under	\$2		Individual	Family
Adult Resident*	\$3		R/NR	R/NR
Adult Non-Resident	\$4	10 Swim Pass	\$30/\$40	
(*proof of residency required)		One Month	\$35/\$50	\$47/\$72
		Four Month	\$60/\$90	\$95/\$120

Don't miss these great lessons- sign up today!

Monroe Street Pool • 3401 Monroe St., Carlsbad, CA 92008 TEL 760-602-4685 • WEB www.carlsbadca.gov/parksandrec

